



# CYC One-Design Series Sailing Instructions

## Summer 2023



### 1 RULES

- 1.1 The Summer One-Design Series and regattas will be governed by the rules as defined in the 2020-2024 Racing Rules of Sailing.
2. One-design classes shall conform to their class rules concerning minimum equipment and accommodation standard, except that the use of sails from manufacturers other than the copyright holder is permitted.
3. Centerport Yacht Club (CYC) is the organizing authority for the series and regattas; these instructions shall also serve as the Notice of Race for said races.

### 2 ELIGIBILITY, ENTRY & FEES

- 2.1 Eligibility is extended to the following classes: Ideal 18, JY 15, Laser and Melges 15.
- 2.2 Entry shall be made by providing a signed liability waiver form from the boat owner and for CYC members, by giving the authorization to be billed through the club. Non-members shall provide the waiver form and a check made out to Centerport YC. Entry fees for the entire season are \$100 per boat.
- 2.3 Daily sailor participation may be available for sailors seeking to race boats designated by their owners; the race entry fee shall be \$25 for regular race dates, \$35 for each regatta, payable (or billable) on race day to CYC. Daily charter sailors will assume responsibility for any damage incurred to the borrowed boat and to others in the fleet.

### 3 NOTICE TO COMPETITORS & CHANGES IN SAILING INSTRUCTIONS

- 3.1 The official notice board is the club bulletin board located on the clubhouse porch.
- 3.2 Any notices to competitors or changes in sailing instructions will be hailed by the Race Committee on race day either at a skippers' meeting prior to launching or on the water.

### 4 SCHEDULE OF RACES

- 4.1 The 2023 One-Design Series will be comprised of two separate series scheduled as follows (N.B. days outlined in red are low tide evenings):  
**Summer Series:** May 18, 25, June 1, 8, 15, 22, 29, July 6, 13.  
**Late Summer Series:** July 20, 27, August 3, 10, 17, 24, 31, September 7, 14.
- 4.2 **Beach launches are at approximately 18:00 hrs., with the first warning shortly thereafter.**
- 4.3 A race warning may not be signaled after dusk.
- 4.4 At the consensus of the fleet, weekend afternoon regattas may also be scheduled.
- 4.4 Pre-race cancellations due to poor and unsafe weather conditions will be announced via email. Sailors may also call the Frostbite Chairperson/Race Coordinator at 631-813-9806 to get a status update. See Safety Protocol 18.3 as a guide line for cancellations.

### 5 CLASS IDENTIFICATION

- 5.1 All boats shall identify themselves to the race committee at the outset of each race day.
- 5.2 If more than one class is present, the race committee will announce the order in which the classes will start. Classes consisting of less than three boats may be combined at the discretion of the race committee.

## 6 RACING AREA

- 6.1 The race committee boat will be stationed to the north of Northport Harbor in proximity to the condos. If necessary, the venue may be located south into Northport Harbor in the vicinity of Bird Island. Ample notification of any such relocation by the race committee will be made prior to launching or on the water.

## 7. COURSES & MARKS

- 7.1. Courses shall be picked from the below selection and announced by the race committee. The letter below indicates which course to sail, which is further described by the below cited marks to pass and the number of legs to be sailed.

W	Windward - Leeward - Finish, 3 legs
W2	Windward-Leeward - Twice Around – Finish, 5 legs
L	Windward - Finish, 2 legs
T	Triangle: Windward – Wing Mark – Leeward - Finish, 4 legs
M	Modified Gold Cup Course: Windward - Wing Mark – Leeward – Windward – Leeward - Finish, 6 legs
Z	Z Pattern (No gybes), Windward to port– Leeward to stbd– Windward to port – Finish, 4 legs

- 7.2 Marks shall be inflatable, moveable, drop marks, unless other instructions are provided by the race committee.

- 7.3 Government aids to navigation may be disregarded at the discretion of the skipper.

## 8 THE START

- 8.1 Races will be started by using the audible signal racing system as outlined in Appendix U3, with the exception of it being a two-minute sequence as stated herewith: 2 long blasts of a horn (or whistle) for two minutes; 1 long & 3 short blasts for 1 1/2 minutes; 1 long blast for 1 minute; 3 short blasts for 30 seconds; 2 short blasts for 20 seconds; 1 short blast for 10 seconds; one blast every second from 5 seconds for the Start. This sequence may be prefaced with a series of attention-grabbing signals notifying the fleet of the pending warning.
- 8.2 The race committee shall provide advance warning should they employ rolling starts, i.e., when the first class' starting signal is also the next class' warning signal and combined classes in a start.
- 8.3 Recalls, both individual and general, will be signaled by a short sound. The race committee will attempt to hail premature starters, and may do so over VHF Channel 72, but an individual recall flag may not be flown. This changes rule 29.1. Failure of the race committee to hail, or a boat's inability to hear a hail shall not be grounds for redress.
- 8.4 The starting line will be between a flag on the race committee boat and the course side of the starting mark.
- 8.5 Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.

## 9 CHANGE OF COURSE

- 9.1 Marks may be moved after a start to ensure squareness to the wind, however the race committee will not signal any such mark relocations. Courses may also be shortened if conditions warrant.

## **10 THE FINISH**

- 10.1 The finish line will be between the flag on a race committee boat and the designated finish pin. The finish line may be placed to starboard of the race committee boat, with a pin that shall be differentiated from the starting line pin.

## **11 TIME LIMIT**

- 11.1 Target race time will be approximately 15 minutes.
- 11.2 Boats not finishing within ten minutes of the finish time of the first boat in that class will be scored in place. This changes RRS rule 35, A4 and A5.

## **12 PROTESTS**

- 12.1 In the event of a foul, the "Two Turn" penalty is modified so that the boat being protested may exonerate itself by making one tack and one gybe. This changes RRS rule 44.1.
2. A boat intending to protest shall notify the race committee immediately upon finishing. Protests will be heard by two fellow competitors, one chosen by each party involved in the protest. Any competitor chosen to hear a protest is expected to follow the guidance provided in RRS Appendix M (Recommendations for Protest Committees). The hearing will be at the clubhouse after racing and will be open to all sailors.

## **13 SCORING**

- 13.1 Each class will be scored separately. Scoring will be based on fleet size for that day, i.e., the winner of the day's races will be awarded points equal to the fleet size; each successive boat will receive one less point; individual race scores will not be counted. Boats not sailing will receive zero points. There will be one day's throw out for each series. The boats with the highest score at the series' conclusion are the winners.
- 13.2 Each series and regattas will be scored separately. For regattas, a boat shall discard one race if at least five races are sailed. One race sailed will constitute a regatta.
- 13.3 Scoring will be done based on sail number and not by skipper for boats entered in the series. This is to promote greater number of boats being brought to the race area in the absence of the owner/driver, and to facilitate loaner boats being made available to potential new sailors. For the daily charter sailors, their scores will be tallied based on their entry(ies), regardless of which boat was sailed, thereby giving them the opportunity to earn prizes should their cumulative scores warrant.

## **14 WITHDRAWAL**

- 14.1 A boat that retires from racing shall notify the race committee before leaving the race area.

## **15 RADIO COMMUNICATIONS**

- 15.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **16 PRIZES**

- 16.1 First, second and third place prizes will be awarded for both the series and regattas provided that five or more boats have registered and two prizes shall be given for four boats. Prizes will be awarded at the CYC Fleet Activities Dinner held the following fall.

## **17 DISCLAIMER OF LIABILITY**

- 17.1 Competitors participate in the series and regattas entirely at their own risk. See RRS rule 3, Decision to Race. The organizing authority will not accept any liability for material

damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

## **18 SAFETY PROTOCOLS**

- 18.1 Sailors are to be reminded of RRS Fundamental Rule 3, Decision to Race: The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. If conditions exceed your comfort or skill level, please do not sail regardless of whether the RC conducts a race.
  - 18.2 All sailors must wear life preservers with an attached whistle while on the water.
  - 18.3 All boats require a bow line or bow loop.
  - 18.4 At the discretion of the Race Committee Chairperson and/or Race Committee, racing may be canceled when potentially unsafe conditions exist, i.e., winds near or exceeding 20 mph.
  - 18.5 Sailors must not launch and leave the beach until mark boats are operating and the green flag is displayed on shore; the red flag displayed on the race committee signal boat shall direct all boats back to shore.
6. All sailors must remain in the racing area.
- 18.7 Sailors are encouraged to carry a VHF for fleet communication of recalls and safety messages.
  - 8. Sailors may be asked and expected to "volunteer," on a rotating basis, to staff a mark or race committee boat, in the event that the requisite number of boats and race management are not present.
  - 9. Competitors are reminded that Fundamental Rule 1.1 states: "A boat or competitor shall give all possible help to any person or vessel in danger."

## **19 RESULTS**

- 19.1 Results will be emailed and posted each week on the Centerport Yacht Club website.